

The background is a light-colored illustration of a community arts studio. On the left, a woman with short grey hair plays an acoustic guitar. In the center, a young girl in a red dress stands holding a pencil. On the right, a woman with long dark hair stands at an easel, painting a portrait. In the foreground, a man in a grey hoodie and cap sits at a desk with a laptop, and a young boy in a white shirt sits at a desk writing. A large green plant is in the background.

CoMusArts Malta Handbook

Welcome

Welcome to CoMusArts Malta — a community music and arts initiative that aims to make creative learning accessible, engaging, and meaningful for people of all ages. Through music, movement, creativity, performance, and artistic exploration, participants are encouraged to discover their potential, develop new skills, build confidence, and contribute positively to their communities.

We believe that every individual can learn, create, perform, and make a valuable contribution through the arts.

About CoMusArts Malta

CoMusArts Malta promotes community music and arts education through practical, inclusive, and participant-centred experiences.

Participation

Encourage participation in music and the arts for everyone

Creativity

Promote creativity and self-expression in every session

Development

Support personal and social development through the arts

Wellbeing

Foster confidence and wellbeing in all participants

Communication

Develop communication and teamwork skills

Critical Thinking

Encourage critical and creative thinking

Cultural Awareness

Promote cultural awareness and appreciation

Community

Strengthen community engagement and lifelong learning



Vision

To create an inclusive and inspiring community where individuals of all ages can learn, create, perform, contribute, and grow through music and the arts.



Learn

Providing meaningful learning experiences for every individual, regardless of background or ability.



Create

Empowering participants to express themselves through music, movement, and the arts.



Perform

Celebrating growth and achievement through shared performance and community showcases.



Grow

Supporting personal, social, and artistic development throughout every stage of life.



Mission

Our Mission

To provide accessible and meaningful music and arts experiences that encourage creativity, collaboration, critical thinking, personal development, community participation, and lifelong engagement in the arts.

→ Accessibility

Removing barriers so that everyone can participate in music and the arts.

→ Collaboration

Building a culture of shared creativity and mutual support.

→ Lifelong Engagement

Inspiring a lasting relationship with music and the arts at every stage of life.

Our Values

CoMusArts Malta is guided by a set of core values that shape every programme, session, and interaction. We believe that success is measured not only by achievement, but also by effort, engagement, growth, collaboration, and contribution to the learning experience of others.



Creativity



Inclusion



Participation



Contribution



Community



Respect



Wellbeing



Lifelong Learning



Cultural Awareness



Innovation

Our Educational Philosophy

CoMusArts Malta adopts a practical, learner-centred, and inclusive educational approach that combines established educational philosophies with contemporary research, reflective practice, innovation, and community engagement.

Philosophical Influences

Zoltán Kodály

Music as a core element of education and cultural identity

Carl Orff

Elemental music through rhythm, movement, and speech

Émile Jaques-Dalcroze

Eurhythmics — learning music through bodily movement

Maria Montessori

Child-led, hands-on, and sensory-rich learning environments

Shinichi Suzuki

Nurturing ability through environment, encouragement, and repetition

Eight Areas of Learning

01

Listening

02

Singing

03

Movement

04

Playing

05

Creating

06

Collaborating

07

Performing

08

Reflecting

Participants learn through active engagement, exploration, experimentation, creativity, and meaningful participation.

The CoMusArts Learning Framework

The CoMusArts approach seeks to develop a broad and interconnected set of skills across four key domains.

🎵 Musical Skills

- Listening & Rhythm
- Melody & Singing
- Instrumental skills
- Ensemble participation
- Composition & Improvisation

🌱 Personal Skills

- Confidence & Independence
- Responsibility & Leadership
- Resilience
- Self-expression

🤝 Social Skills

- Communication & Teamwork
- Respect & Empathy
- Community participation

💡 Thinking Skills

- Creativity & Critical thinking
- Problem-solving
- Reflection & Innovation
- Decision-making



Learning Pathways: Ages 3–6

DISCOVER

Young children learn through play, movement, imagination, exploration, and creative experiences. This pathway is designed to nurture curiosity and lay the foundations for a lifelong love of music and the arts.

Learning Experiences



Singing games



Rhythm activities



Music and movement



Storytelling



Creative play



Instrument exploration



Listening activities



Arts and crafts



Group participation

Development Focus

- Communication
- Listening
- Coordination
- Creativity
- Confidence
- Social interaction
- Imagination

Learning Pathways: Ages 7–12

EXPLORE

Children develop musical and artistic foundations while building creativity, confidence, independence, and collaboration. This pathway introduces structured musical learning alongside creative exploration.

Learning Experiences



Singing and vocal activities



Rhythm and pulse development



Instrumental exploration



Music literacy



Listening and appreciation



Composition & Improvisation



Ensemble participation



Performance preparation

Development Focus

- Creativity
- Confidence
- Teamwork
- Musical understanding
- Communication
- Problem-solving
- Critical thinking

Learning Pathways: Ages 13–18

CREATE

Young people are encouraged to develop artistic identity, leadership, creativity, and independence. This pathway supports emerging artists in finding their voice and taking ownership of their creative journey.

Learning Experiences



Instrumental and vocal development



Ensemble and band activities



Songwriting & Composition



Music technology



Recording and production



Community projects



Arts leadership opportunities



Performance opportunities

Development Focus

- Leadership
- Collaboration
- Creativity
- Self-confidence
- Critical thinking
- Communication
- Artistic expression
- Project management

Learning Pathways: Adults (18+)

ENGAGE

Adults are encouraged to participate in music and arts activities for enjoyment, wellbeing, creativity, personal growth, and lifelong learning. It is never too late to begin or return to a creative practice.

Learning Experiences



Instrumental learning



Singing and ensemble work



Music appreciation



Creative workshops



Community arts projects



Cultural activities



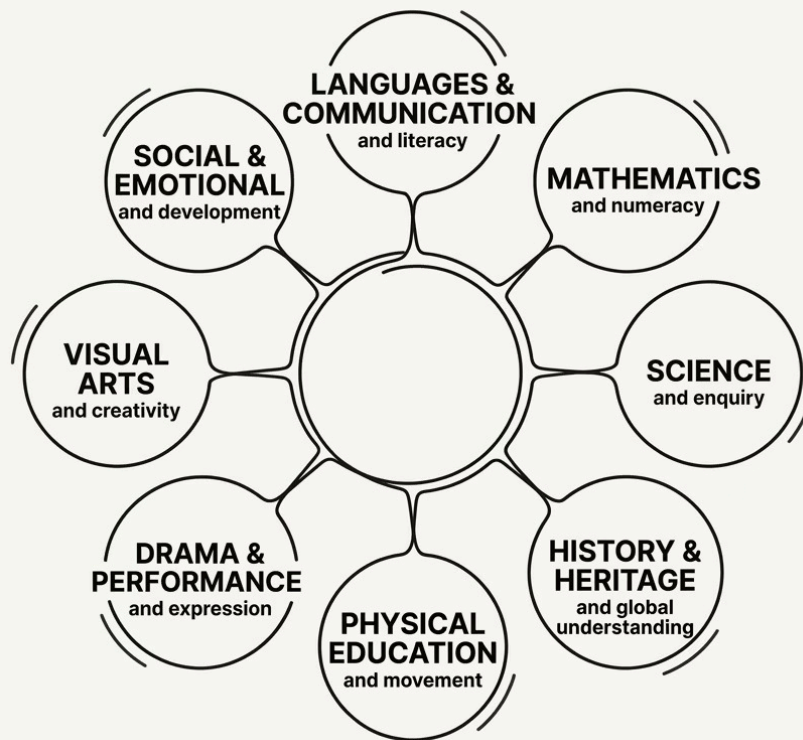
Wellbeing through the arts

Development Focus

- Personal growth
- Confidence
- Creativity
- Wellbeing
- Social engagement
- Lifelong learning

Music, Arts and Everyday Learning

Music and the arts support learning across many aspects of life and education. The arts encourage curiosity, exploration, creativity, and deeper understanding of ourselves and the world around us.



- i** The arts are not a separate subject — they are a lens through which all learning becomes richer, more meaningful, and more memorable.

Participation and Contribution

At CoMusArts Malta, every participant has something valuable to contribute. Learning is not only about receiving knowledge and developing skills, but also about sharing ideas, supporting others, participating actively, and contributing to a positive creative community.

Take an Active Role

Engage fully in every session, bringing energy, curiosity, and enthusiasm to the learning experience.

Share Ideas

Offer creative contributions, perspectives, and suggestions that enrich the group experience.

Support Others

Encourage fellow participants, celebrate their achievements, and contribute to a positive atmosphere.

Participate in Projects

Take part in performances, community initiatives, and collaborative creative projects.

Respect Perspectives

Value the diverse backgrounds, ideas, and contributions of every member of the community.

Develop Leadership

Build confidence and take on leadership roles within the creative community.

Meaningful participation and contribution are valued as highly as achievement and performance.

Community Engagement

CoMusArts Malta values partnerships and collaboration. We believe the arts have the power to bring people together, celebrate diversity, and strengthen communities.



Workshops

Hands-on creative sessions open to participants of all ages and abilities.



School Partnerships

Collaborating with schools to bring music and arts into educational settings.



Family Activities

Inclusive events that bring families together through shared creative experiences.



Community Projects

Collaborative initiatives that connect participants with their wider communities.



Cultural Events

Celebrating Malta's rich cultural heritage through music, arts, and performance.

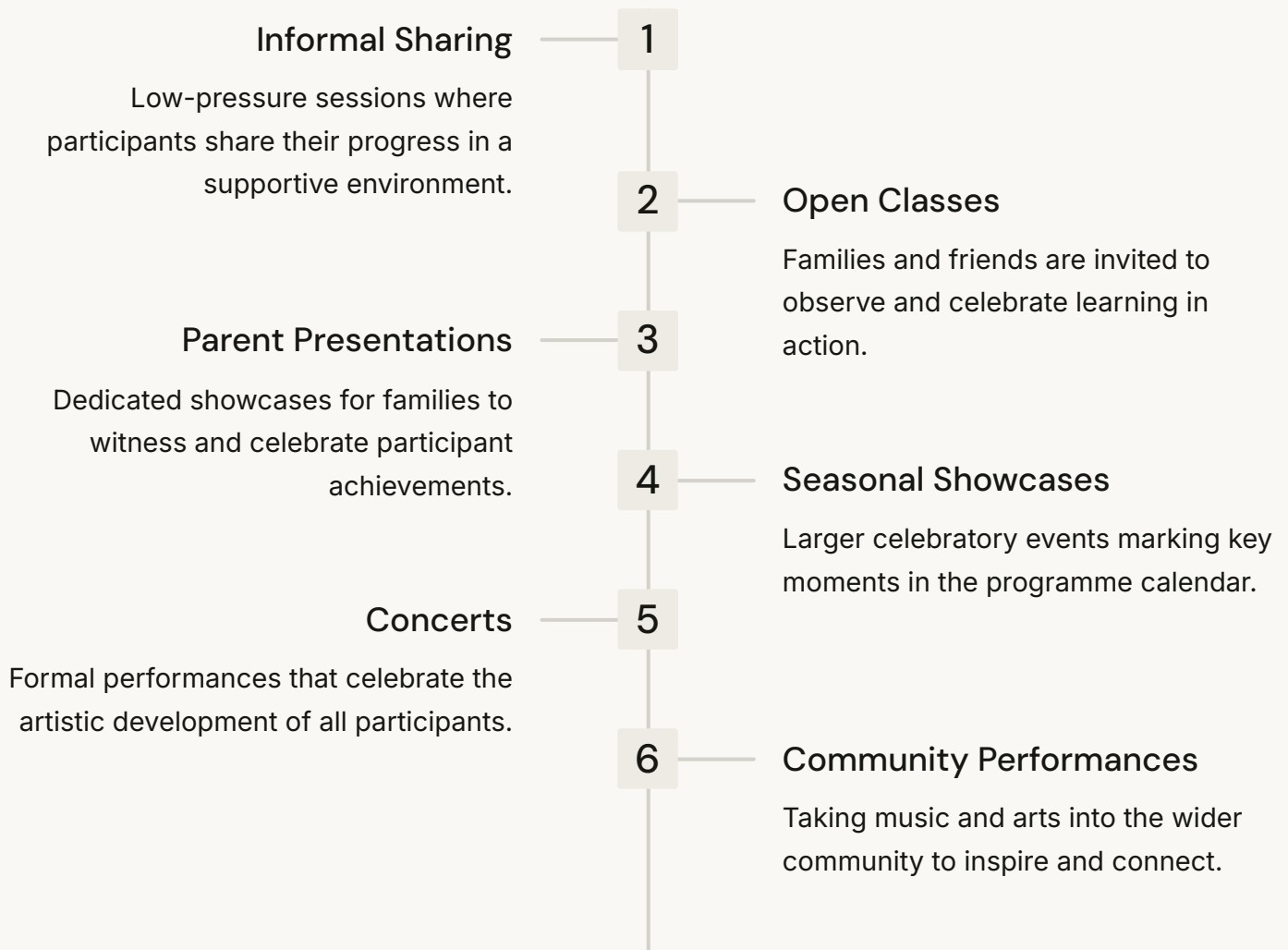


Outreach Initiatives

Reaching underserved communities to ensure the arts are accessible to all.

Performance and Celebration

Performance is viewed as a celebration of learning, growth, creativity, and achievement. Every opportunity to share is a moment to honour the journey, not just the destination.



✔ Participation is encouraged while respecting individual confidence levels and personal goals.

Programme Duration and Flexibility

Our Approach to Time

Programme lengths are designed according to the age group and learning objectives. Typical sessions may range between **45 and 60 minutes**.

During workshops, projects, rehearsals, performances, summer programmes, or participant-led initiatives, sessions may occasionally be extended where appropriate.

Where feasible, additional time may be provided without additional cost to participants.

Our Commitment

Quality Over Quantity

The focus remains on the quality of the learning experience rather than the number of minutes delivered.

Enriched Through Engagement

Learning should not be limited solely by time but enriched through meaningful participation, creativity, collaboration, and engagement.

Flexible by Design

Programmes adapt to the needs of participants, ensuring every session delivers genuine value.

Trial Programmes and Future Development

CoMusArts Malta believes in developing programmes responsibly and sustainably. Before introducing larger initiatives or long-term projects, pilot workshops, seasonal programmes, and summer trial programmes may be offered to assess community interest, participant needs, available resources, and future opportunities.



Feedback from participants, families, educators, and community partners will help guide future development and continuous improvement, ensuring that every programme genuinely serves the community it is designed for.



Inclusion and Wellbeing

CoMusArts Malta aims to provide a safe, welcoming, respectful, and inclusive environment for all participants. Every participant should feel valued, supported, and encouraged to reach their full potential.

Respect

Every individual is treated with dignity and consideration at all times.

Equality

All participants have equal access to opportunities, resources, and support.

Diversity

We celebrate the rich variety of backgrounds, cultures, and perspectives within our community.

Inclusion

Programmes are designed to be accessible and welcoming to everyone, regardless of ability or background.

Wellbeing

The physical, emotional, and social wellbeing of every participant is a priority.

Positive Relationships

We foster a culture of kindness, encouragement, and mutual support.

Safe Participation

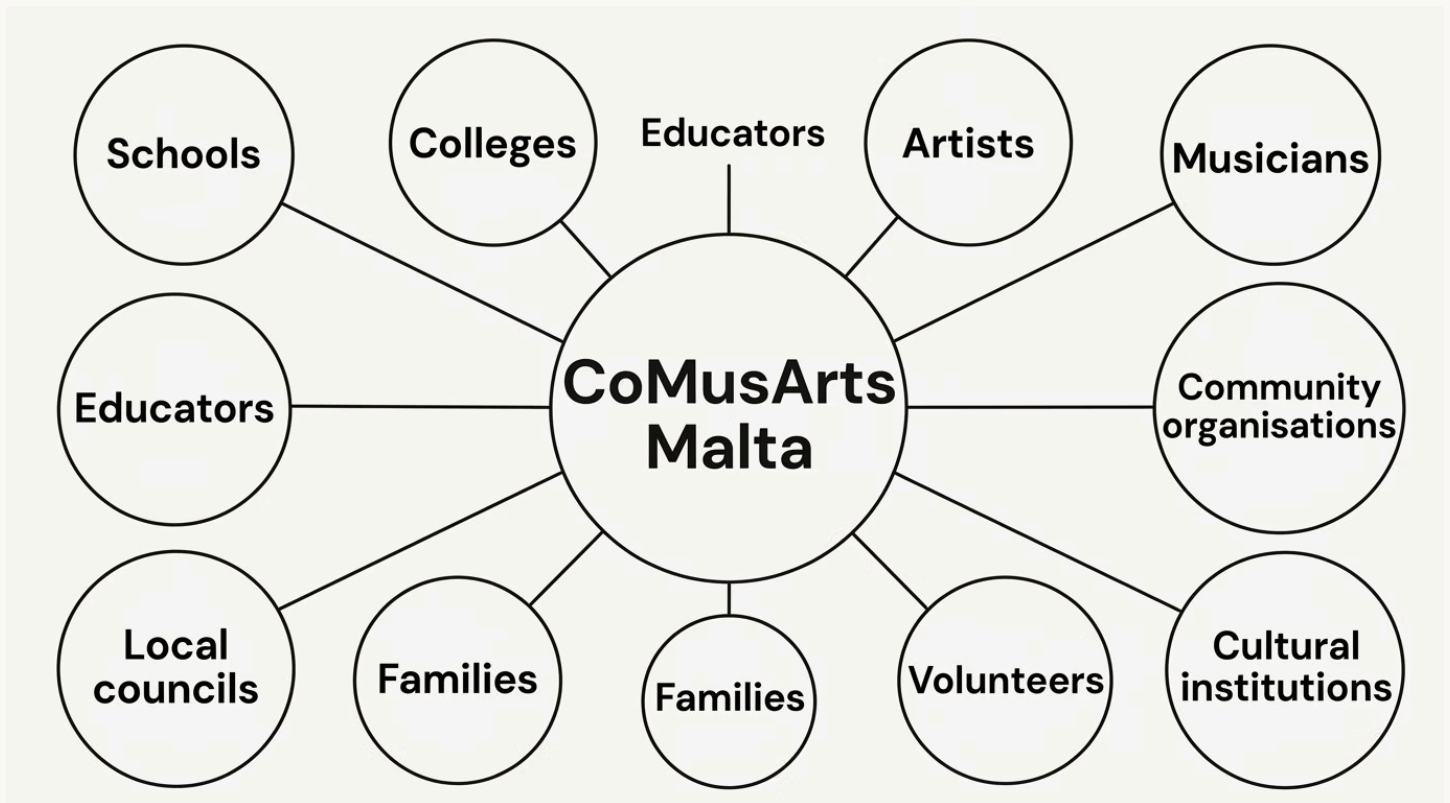
All activities are conducted in a safe, supervised, and supportive environment.

Community Spirit

A shared sense of belonging and togetherness underpins everything we do.

Working Together

CoMusArts Malta welcomes collaboration with a wide range of partners. Partnerships help create meaningful opportunities for learning, creativity, participation, and cultural enrichment.



Every partnership strengthens our ability to serve the community and expand access to music and arts education across Malta.

1

Schools

Build pathways for student engagement and creative learning.

2

Colleges

Support further study, training, and artistic development.

3

Educators

Share expertise and enrich teaching and learning experiences.

4

Artists

Bring fresh ideas, creativity, and collaborative energy.

5

Musicians

Contribute performance skills and musical inspiration.

6

Community Organisations

Connect programmes with local needs and shared goals.

7

Cultural Institutions

Help widen access to arts, heritage, and cultural exchange.

8

Volunteers

Offer time, support, and enthusiasm for community projects.

9

Families

Encourage participation and celebrate shared artistic growth.

10

Local Councils

Strengthen place-based initiatives and community outreach.

Stakeholders

CoMusArts Malta recognises the importance of all those who have a role in, or are affected by, its work. Our stakeholders are central to everything we do.

1

Participants

The young people and community members who take part in CoMusArts Malta activities.

2

Parents & Guardians

Provide support, encouragement, and practical help for participants.

3

Educators & Facilitators

Guide learning, lead sessions, and help create safe, engaging experiences.

4

Artists & Musicians

Share creativity, expertise, and inspiration through collaboration.

5

Volunteers

Contribute time and energy to support delivery and community events.

6

Community Partners

Help connect programmes with local needs, spaces, and opportunities.

7

Funders & Supporters

Enable activities, growth, and wider access through financial or in-kind support.

8

Local Authorities

Support community-based initiatives and public engagement across Malta.

9

Cultural Organisations

Extend networks, strengthen partnerships, and widen access to culture.

10

The General Public

Represents the wider community that benefits from and engages with CoMusArts Malta.

Join the CoMusArts Malta Community

Whether you are a learner, parent, educator, artist, volunteer, supporter, or community partner, we invite you to become part of the CoMusArts Malta journey.

Together we can inspire creativity, encourage participation, strengthen communities, support lifelong learning, and enrich lives through music and the arts.

Learners

Discover your creative potential through music and the arts.

Families

Support your loved ones and join us in celebrating their growth.

Educators & Artists

Collaborate with us to create inspiring learning experiences.

Community Partners

Work with us to bring music and arts to every corner of Malta.

CoMusArts Malta — Community Music and Arts Education for All

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